



Health and Hope, Minus the Red Tape

Thresholds Erases the Complexities of Cybersecurity & HIPAA Regulation

You're a non-profit, on a pencil-thin budget, in a major metropolitan area, dedicated to the city's most underserved populations—IT is the last thing you want to worry about.

This was Thresholds, an organization fighting to transform the lives of those struggling with substance abuse and mental illness in Chicagoland. For them, navigating the complexities of cybersecurity and HIPAA regulations wasn't just a headache. It was a roadblock to delivering the care their community needed.

Then they partnered with ConRes.





The Problem

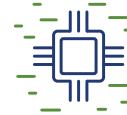
Thresholds' ability to deliver timely, efficient support to the Chicagoland community was hampered by a variety of IT challenges:



**Limited
IT staff**



**60+
locations**



**Mix of legacy and
new technologies**



**Complex compliance
requirements**

Not only did these challenges make it difficult for IT staff to manage infrastructure, they made it nearly impossible to proactively address cybersecurity parameters that would keep the organization in compliance with HIPAA regulations.

How We Helped

With an infrastructure overhaul and support from the ConRes Managed Services and Cybersecurity teams, Thresholds was able to reduce the costs and complexities of managing their data center, monitoring security posture and maintaining HIPAA compliance.

Here's what we did:



**Modernized
network, storage
and compute
technology**



**Eliminated
data center
monitoring/
maintenance
tasks**



**Offloaded
preparation/
remediation
activities for
HIPAA audits**



**Implemented
proactive
security posture**

With our help, Thresholds is now a more secure and nimble organization, with the extended resources to proactively address security and compliance requirements, track metrics and remediate issues. Thresholds is even building a testimony for its next fundraiser, highlighting how, through IT, the organization can stretch its gift of health and hope a little further.



About ConRes

As a private, Women-Owned IT solutions provider, we are uniquely positioned to help companies design, procure, implement and support custom solutions. Backed by over 55 years of customer dedication, our approach is simple: We have great people who are highly skilled at what they do and find ways to help our customers achieve business goals.

ConRes
CONTINENTAL RESOURCES

THRESHHOLDS
HOME | HEALTH | HOPE